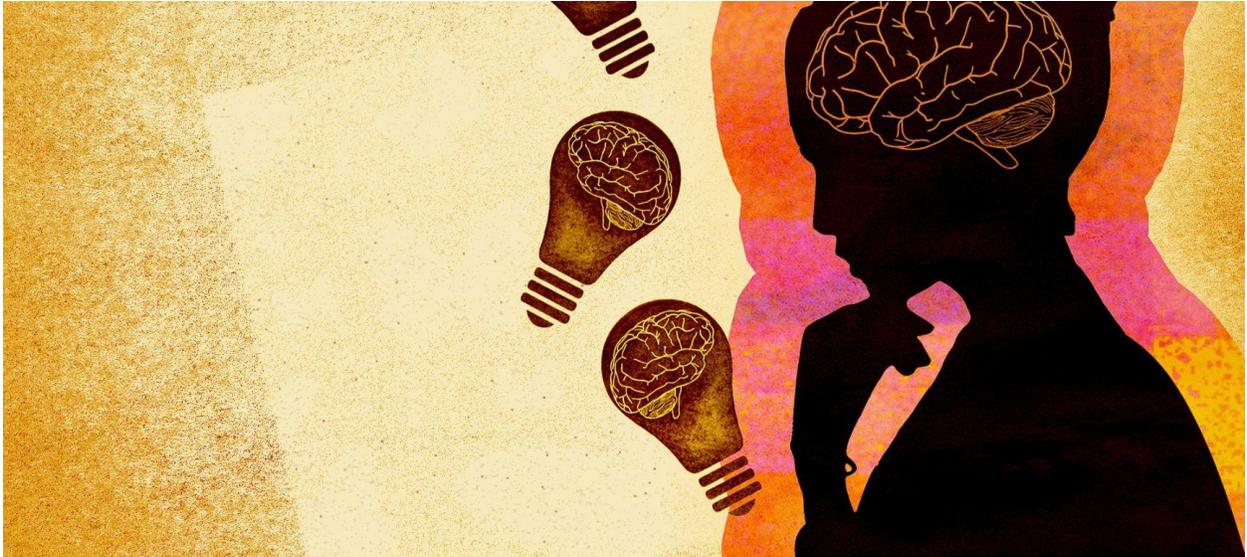


Inspirational talk from Alexandra Panayotou



As part of Fourlis group's initiatives to support employee wellbeing and personal development, an interactive and inspiring talk was held with Endurance Mindset specialist Alexandra Panayotou.

During the session, participants had the opportunity to explore practical techniques and insights aimed at cultivating resilience, perseverance, and a positive mindset, both in their professional and personal lives.

The initiative aimed to empower employees by providing useful tools to better manage challenges, achieve their goals, and develop a strong and resilient mindset.