

Fourlis Group Wellness Month: May was dedicated to our people's wellbeing



Fourlis Group successfully concluded its 2026 Wellness Month, an initiative dedicated to promoting employees' health, wellbeing and work-life balance.

Throughout May, a series of activities took place across the Group's facilities in Greece, Cyprus and Bulgaria, giving employees the opportunity to participate in experiences and services designed to support both physical and mental wellbeing.

The program included therapeutic massage, body composition analysis, meditation sessions, leg decompression treatments, yoga and Pilates sessions, as well as seminars on ergonomics and wellbeing. Through these activities, participants had the opportunity to take time for themselves, gain useful insights, relax and adopt practices that contribute to a healthier and more balanced lifestyle.

With more than 600 participations in total, Wellness Month highlighted the importance of caring for our people and fostering a workplace environment that supports health, wellbeing and positive energy.

Furlis

Furlis Group remains committed to investing in initiatives that empower its employees and contribute to enhancing their quality of life.